

References of Interest

These references were prepared for the [Southern Colorado Conference on Conscious Living & Dying](#), October 10, 2015. Click on the title to access.

Workshops

The Living & Dying Consciously Project offers [Conscious Transitions](#) is a triad of 2-day, experiential workshops that will help you develop specific tools to bring peace to the process of dying, death and grief. [Living with Dying](#), [Once Upon a Time](#) and [Gifts of Grief](#) are offered throughout the year. Scientists and shamans agree that people, in every culture, who perform personal rituals transcend the stress of change and loss. For more information [click here](#).

Literal

Starter Kit The Conversation Project

Pediatric Starter Kit The Conversation Project

How to Talk to Your Doctor Starter Kit The Conversation Project

Accommodation: When Communicating about End of Life Issues, It Matters How People Speak by Nick Jehlen, *My Gift of Grace*, 2014.

Just in Case: A Workbook, a Record of Vital Information by Amy Levine

In Search of a Good Death: Observations of Patients, Families and Providers by Karen E Steinhauser, PhD, et. al. *Annals of Internal Medicine*, Vol. 132, No. 10, May 16, 2000.

National Home Funeral Alliance, Supporting Home Funeral Education

Mythic

No Regrets: Living with Dying by Kitty Edwards, *Natural Transitions Magazine*, Vol. 3, No 4, Winter 2014, 30 – 32.

Dignity Therapy: A Novel Psychotherapeutic Intervention for Patients Near the End of Life by Harvey Max Chochinov, Thomas Hack, Thomas Hassard, Linda J. Krisjanson, Susan McClement, and Mike Harlos. *Journal of Clinical Oncology* (Vol. 23, No. 24, August 20, 2005), pp. 5520-5525.

For the Dying, A Chance to Rewrite Life, (Dignity Therapy), *National Public Radio*, September 11, 2011.

Creating a Memory Book: Undergraduate Student Experiences with End-of-Life Interviews by Jennifer Davis-Berman, *Death Studies*, 38: 85-90, 2014.

How to Write an Ethical Will: A Love Letter to the Future by Susan R. Dolan, *Huffington Post*, posted February 17, 2015.

Life Review in Critical Care: Possibilities at the End of Life, by Mimi Jenko RN MN CHPN, Leah Gonzales RN MSN, and Paul Alley, DMin BCC. *Critical Care Nurse*, Vol 30, No. 1, February, 2010.

Wild Darkness by Eva Saulitis; photographs by Michael Raudzis Dinkel. *Orion Magazine*, March/April 2014.

The Living & Dying Consciously Project

Energetic

[**Aya Despacho: A Prayer Package for the Dead**](#) by Kitty Edwards, *Natural Transitions Magazine*, Vol 2, No 4, Winter 2013, 20 – 23.

[**As Death Draws Near..."Permission to Die"**](#) by Kellie Kintz, posted November 29, 2013.

[**10 Tips for Vigiling and Establishing Sacred Presence**](#) by Megory Anderson, Sacred Dying Foundation.

[**Letting Children Share in Grief**](#) by Catherine Saint Louis, *The New York Times*, September 19, 2012.

[**What it means to "hold space" for people, plus eight tips on how to do it well**](#) by Heather Plett, March 11, 2015.

Informative

[**How Doctors Die: Showing Others the Way**](#) by Dan Gorenstein, *The New York Times*, November 19, 2013.

[**How do I become a Death Midwife?**](#) by Cassandra Yonder, posted February 18, 2015.

[**Dying in America: Improving Quality and Honoring Individual Preferences Near the End of Life**](#), National Academies Press, 2015.

[**Why I Hope to Die at 75**](#) by Ezekiel J. Emanuel, *The Atlantic Monthly*, October, 2014.